

Children's Harbor—Places and Programs for Children

## Community Training and Professional Development Department

### Topics of Interest:

- ◆ **Developmentally Appropriate Practices**  
Participants become familiar with age-appropriate expectations and practices in the early childhood field. Learn the basics for utilizing environment, activities, and planning to promote and guide positive outcomes.
- ◆ **Transitions: They Can Make or Break You!**  
Help! Every time I change activities my class goes wild! Learn easy tricks for making transitions stress free, safe, and fun.
- ◆ **Who's Controlling Whom? - Behavior Management**  
Is that brewing temper tantrum YOURS, and not the child's? Learn positive behavior management strategies to use with young children.
- ◆ **Social & Emotional Development**  
Enhance adult practices through relationship building and enriched environments. Learn tips and tools for supporting the social and emotional health of young children.
- ◆ **Wash, Wipe & Spray!**  
Discover health and safety tips for providers, which include the 18 steps to proper diapering a child, sanitation of surfaces, and the importance of hand-washing.
- ◆ **Non-Competitive Games**  
No one wins when everything is a competition! Teach young children the art of cooperation.

### Topics of Interest, Cont'd:

- ◆ **Playground Safety**  
Through hands-on activities, participants gain practical information on how to keep little ones safe while in the extended play environment.
- ◆ **Emergency Preparedness**  
Learn techniques for developing a plan for emergency preparedness that will keep you ready at all times. Discussion on topics such as: roles and responsibilities, important telephone numbers, accountability, evacuation and sheltering in place.
- ◆ **Stress Management**  
Discover the several successful stress-reducing tips for the early care provider or administrator. Learn how to recognize the origin of the stress and improve the interactions and relationships you have with the children in your care, co-workers, and supervisors.
- ◆ **Literacy Rich Environments**  
Develop tools and exchange ideas on how to fully dress-up your classroom environments with language.
- ◆ **Diversity—Why Can't We All Get Along?**  
Become more knowledgeable about your personal biases and how to overcome them. Gain insight into the diversity of the early childhood environment, and how working together profits everyone: the child, your peers, and you!
- ◆ **Handling the Difficult Parent**  
Learn strategies to turn difficult parent situations into winning situations for the child, the parent, and you.
- ◆ **The Quest for Quality**  
Rediscover the importance of quality programming. Learn techniques that enhance all aspects of the care you provide to young children.
- ◆ **Milestones, Virginia Quality and Professional Development**  
Learn more about the developmental milestones and competencies, as well as the Virginia Quality program and how each can impact your own professional development.

### YOU SELECT:

#### TOPIC, DATE, TIME & PLACE

Weekday, Evening, Half Day,  
or Full Day availability

up to \$200 Member Fee  
and \$250 Non-Member Fee

~up to 20 staff per class~

Additional staff may be charged individually.

Prices are based on a 2 hour workshop.

All Day In-service and/or Boot Camps  
are also available in 4-6 hour sessions  
Added fees apply.

**CALL OR EMAIL US!**

(757) 399-1337 or

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